

Tricare Resources:

Tricare Prime Remote has provided the following webinar links:

TRICARE PRIME Remote Overseas Webinars: <https://www.tricare-overseas.com/beneficiaries/resources/educational-resources/webinars/recorded-webinars> - 60 mins

MyCare Overseas <https://vimeo.com/668662553/e98524a1eb> 1 min

Overseas Claims <https://www.tricare-overseas.com/media?source=/beneficiaries/tco-media/videos/The-Claims-Portal-Beneficiary-video-English> 4 mins

Beneficiary Knowledge Center: <https://www.tricare-overseas.com/beneficiaries/resources>

Express Scripts: [TRICARE Pharmacy Program | Express Scripts](#)